



Via Vitae Travels

The Journey of Life...



Puglia Perfected

Puglia is the region in the heel of Italy's "boot" where some of the best traditional foods in Italy come from! Puglia boasts beautiful beaches, rich farmland, centuries-old churches and ancient pre-roman ruins. It is also home to some of the most succulent recipes Italy's cuisine is known for. With a rich history and amazing food comes wonderful cheeses and wines. We will taste the famous "burrata" cheese and the local Puglia wines brought here by the Greeks long before Rome existed. And no one can leave Puglia without making and tasting its olive oil, which people consider the best expression of true olive oil in the world. Join Via Vitae Travels on a journey though Puglia!

Via Vitae Travels

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Detailed Itinerary

Day 1 – Travel to Italy

Day 2 – After your arrival your private transfer service will greet you and escort you to your hotel. Your afternoon will be free allowing you to relax after your journey and freshen-up before dinner.

- Private transfer included
- Welcome to Puglia Reception — Wine Aperitivo; overview of the wine and geographic regions we will visit on the tour included
- Dinner included

Day 3 – After breakfast we will transfer to Alberobello for a guided walking tour of the city. Later we will sample some of Puglia’s best-kept secrets: wines and cheeses. We will have a private wine tasting at one of our favorite local wineries and after we will tour a “Caseificio” (cheese making facility) and taste locally made Puglian cheeses: Burrata and Scamorza.

- Private transfer included
- Guided walking tour of Alberobello included
- Tours, wine and cheese tasting and education included
- Dinner included

Day 4 – Today we have an earlier start because we travel to Matera, in the Basilicata region of Italy. On our way we will visit a local olive oil producer for a tour of the facility and tasting of their olive oils. We will have a guided tour explaining the history of Matera, an UNESCO World Heritage Site. We will learn the incredible history of Matera and enjoy dinner in one of the Sassi — the local caves, home of the Third Oldest Civilization in the World.

- Private transfer included
- Tour, education and olive oil tasting included
- Guided-walking tour of Matera included
- Dinner included

Day 5 – Today we will visit the natural caves at Castellana Grotte, the largest underground caves in Europe. Our next stop will be Polignano a Mare, to visit and enjoy the stunning views on the Mediterranean sea. Dinner will be on your own and you will have the option to go to restaurant Grotta Palazzese. Evening will be to relax and enjoy free time on your own.

- Private transfer included

- Visit to the natural caves of Castellana Grotte included
- Visit of Polignano a Mare included
- Grotta Palazzese dinner (optional)

Day 6 – After checkout, we will spend our morning together walking the Città Bianca (White City) of Ostuni. We will end our journey in the city of Lecce. After checking in to your luxury hotel, there will be free time to explore the historic center of the city. A multi course dinner with wines paired will end our first day in the Salento region of Puglia.

- Private transfer included
- Visit of Ostuni included
- Gourmet multiple course dinner with wine pairing included

Day 7 – We start our day with a private guided tour of the city of Lecce. Later that day, we will have an evening together for our private, hands-on cooking class. Learn from our personal chef, who is an expert on the local Puglia cuisine. We will enjoy dinner with the dishes we prepare.

- Guided walking tour of the city of Lecce included
- Hands-on cooking class with personal chef included
- Homemade multiple course dinner with local wines included

Day 8 – After breakfast we will travel to the seaside to Otranto/Gallipoli. Before returning to Lecce, we will visit a local winery and/or olive oil producer in the Salento sub-region of Puglia for a tour and tasting. We will enjoy dinner together on our last night in Puglia.

- Private transfer included
- Visit of Otranto or Gallipoli included
- Tour, education and tasting of wine (optional)
- Tour, education and tasting of olive oil (optional)
- Dinner included

Day 9 – After checking out we will transfer to the Brindisi airport for departures.

- Transfer to the Brindisi airport included